

What is mpox?

Mpox (previously known as monkeypox) is a disease caused by a virus. It leads to rashes and flu-like symptoms. Like the better-known virus that causes smallpox. Mpox spreads through close contact with someone who's infected. You can also get it from an infected animal.

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Signs of mpox include:

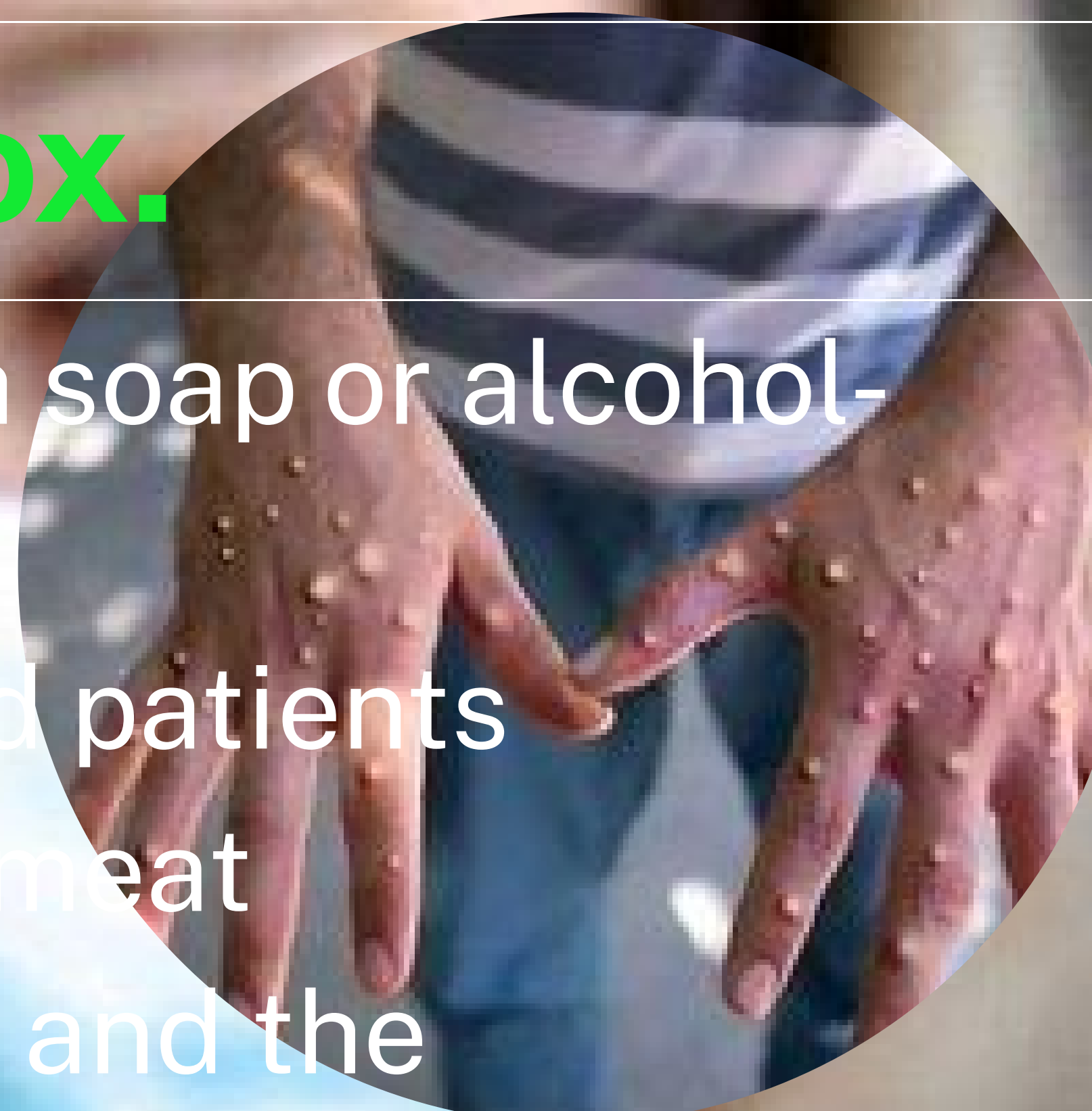
- A fever
- Headaches
- Aches and pains
- Back pain
- Fatigue
- Swollen lymph nodes

The rash starts as flat, red bumps, which can be painful. Those bumps turn into blisters, which fill with pus. Eventually, the blisters crust over and fall off. The whole process can last two to four weeks.



ways to prevent mpox.

- Regularly wash hands with soap or alcohol-based gel
- Avoid contact with infected patients
- Avoid consumption of raw meat
- Avoid contact with wildlife and the secretions of animals suspected of carrying the disease, such as monkeys and rodents



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